

CURRICULUM VITAE (CV)

Ranga Raj Dhungana, Sachetan Marg-84, Mid-Baneshwor
GPO Box 10726, Kathmandu, Nepal

Mobile: +977-9851058416, E-mail: rrdhungana@gmail.com

Dr. Ranga Raj Dhungana has been serving as the Country Director for the Himalayan Association against STI-AIDS (HASTI-Nepal) since 2015, holding an esteemed position in the organization. He is actively engaged in research within various international organizations. Additionally, he serves as a Visiting Professor for the Master of Public Health (MPH) program at Pokhara University.

Throughout his distinguished career spanning over three decades, Dr. Dhungana has been extensively engaged in a wide array of development projects, notably focusing on comprehensive initiatives related to HIV, integrated school health programs, skill-based training, and various research initiatives. His impactful work has garnered support from prominent organizations including UNDP, the Global Fund, DFID, the World Bank, UNICEF, UNFPA, FHI 360, among others, since as early as 2005.

An overview of his extensive biography reveals:

- 1) Academic Background: Dr. Dhungana boasts a strong academic foundation, continually supplemented by ongoing learning and skill development.
- 2) Key Qualifications/Trainings: He has undergone rigorous training programs, augmenting his expertise and effectiveness in the field.
- 3) Current Positions: In addition to his roles as Country Director and Visiting Professor, Dr. Dhungana holds additional leadership positions within relevant health organizations.
- 4) Work Experience in Research: Dr. Dhungana has exhibited a notable commitment to research, contributing to various studies, surveys, evaluations, and impact assessments.
- 5) Work Experiences: His professional journey spans both national and international arenas, reflecting a diverse range of experiences and perspectives.
- 6) Involvement: Dr. Dhungana actively engages with professional bodies and associations, fostering collaboration and knowledge exchange within the respective sectors.
- 7) Professional Memberships: He is affiliated with esteemed organizations such as the PhD Association, Pharmacy Council of Nepal, and Pharmacy Association, highlighting his dedication to ongoing professional growth and networking.
- 8) Publications of Abstracts and Books: Dr. Dhungana has authored/contributed to publications including abstracts, books, and scholarly works, enriching the academic discourse in the health-related field.
- 9) Research and Community Activities: Beyond academia and professional pursuits, Dr. Dhungana is engaged in community-based research and activities, demonstrating his commitment to grassroots impact.
- 10) Attendance of Conferences: He actively participates in conferences and seminars, both as a presenter and attendee, ensuring he remains up-to-date with the latest developments and trends in health-related fields.

In conclusion, Dr. Dhungana's multifaceted contributions underscore his dedication to advancing public health, research, and development efforts, both locally and globally.

1. Academic Background

1.1. Education:

- 1) PhD in Prevention of Communicable Diseases (Public Health), The Open International University, Sri Lanka, 1999.
- 2) Professional Training: International Course on AIDS Control in Asia (ICA), Institute of Tuberculosis, Japan, 1995.
- 3) MD in Communicable Diseases (Health Education), The Open International University, Sri Lanka, 1994.
- 4) Professional Training: Diploma Course in STD/AIDS (DCSA), Prince of Sankla University,

- Thailand, 1993.
- 5) PCL (Professional Certificate Level) in Medical Sciences (Professional License/Pharmacy), Institute of Medicine, Tribhuvan University, Nepal, 1982.
 - 6) SLC (School Leaving Certificate in General Science and Accountancy), Mahendra Secondary School Nepalgunj, SLC Board/Ministry of Education, Nepal, 1978.

Additional qualifications:

- 1) *MBA in Management, Greenford International University, Central America, 2010.*
- 2) *BDM (Bachelor's Degree in Management), Tribhuvan University (TU), Nepal, 1992.*

2. Key Qualifications/Trainings:

- 1) Master Training of Trainer (MTOT) on Disaster & Emergency Preparedness and Child Mental Health Support, organized by HASTI/Medipiece & ChildFund Korea, 22-25 Aug 2016.
- 2) Resource Mobilization Training (RMT), organized by DISVI International (Italian INGO) in Kathmandu, Nepal, 5 – 8 April 2011.
- 3) Facilitator's Training (FT) on Women's Rights and Gender-based Violence (GBV), organized by NHF/UNFPA, Nepal, 10-14 October 2008.
- 4) Euroleverage Workshop Training (EWT), organized by DISVI International /German Foundation for World Population (DSW), Nepal, 26-28 August 2008.
- 5) Training on Business Plan (Service Delivery Plan), organized by Women Development Training Centre (WDTC)/Ministry of Women & Children Welfare, Lalitpur, Nepal, 18 to 20 June 2008.
- 6) Training of Management Development Program (MDP) on Knowledge Management, organized in Kathmandu by Standard ICON-Nepal, May 25-26, 2006.
- 7) Do No Harm (DNH) training, organized by USAID and CDA Collaborative Learning Projects, held in Soaltee Hotel, Kathmandu, Nepal, March 29 - April 1, 2005.
- 8) Facilitator Training on 2nd International training course on Case Management of STIs and HIV/AIDS (ICMSA), organized by HASTI/NHTC, 10-23 Jan 2003.
- 9) Orientation to Voluntary Counseling and Testing (VCT) and Care and Support (CAS), organized by Family Health International/Nepal, 26-30 Jan 2003.
- 10) MTOT on Facilitation Skills for Medical Professionals, organized by National Health Training Centre, Department of Health, Ministry of Health, GoN, 15 to 30 June, 2003.
- 11) Field test of training program on Voluntary Counseling and Testing (VCT) Workshop, organized by FHI, Sept 15-26, 2003.
- 12) TOT on STD Case Management, organized by Ministry of Health/National Centre for AIDS & STD Control (NCASC) of Nepal and STD/HIV Project of University of Heidelberg, 17- 22 January 2000.
- 13) Training Workshop on Research Methodology with Focus on Rational Use of Drugs, organized by joint collaboration of Nepal Health Research Council (NHRC)/World Health Organization (WHO) in Nepal, 30 Dec 1999 – 4 January 2000.
- 14) Training Workshop (TW) on "Condom Social Marketing, jointly organized by Save the Children (US) & CRS Company/Nepal in Hotel Sangrila, Nepal, November 27 – 28, 1995.
- 15) Training of Trainers (TOT) on HIV/AIDS Education, organized in Kathmandu, Nepal by Save the Children (US), 11 - 18 February 1994.
- 16) Facilitators' Training course on "Training Planning and Communication, organized in the training hall of Family Health Division of MoHP by Save the Children (US), 10 -19 June 1993.
- 17) Intermediate Level of English Language, organized in Kathmandu, Nepal by English Language Center, 1999.
- 18) Intermediate-2 of English Language, organized in Kathmandu, Nepal by English Language Center, 1999.
- 19) Level-4 of English Language, organized in Kathmandu, Nepal by American English Language Institute, 1989.
- 20) Level-3 of English Language, organized in Kathmandu, Nepal by American English Language Institute, 1989.

3. Current positions:

- 1) Country Director for the Himalayan Association against STI-AIDS (HASTI) since 2015.
- 2) Visiting Professor (Part-time) for Pokhara University and other international universities in the USA since 2021.
- 3) Team Leader (Honorary) for Senior Citizen Community-development Programs (SCCP) at the Himalayan Association against STI-AIDS (HASTI) since 2021.
- 4) Planning Advisor (Honorary) for Gauriganga Municipality of Kailali, Sudurpaschim Province, Nepal Government since 2021.

4.1. Work Experience in Research:

S N	Position and projects' name	Year	Employer
1)	<u>National Principal Investigator (PI¹)</u> : “Symptom based screening of Rheumatic Heart Disease (RHD) in school-aged children and development of an effective tool for self–screening” in Dhading of Nepal	2018-2019	Himalayan Association against STI-AIDS (HASTI-Nepal), supported by Healthy Heart Initiative (HHI)/Tufts University, Boston, USA (2 years)
2)	<u>Principal Investigator (PI¹)</u> : Measurement of Trauma-related Stress (MTS) among school students in Dhading of Nepal	2017	HASTI-Nepal, supported by Medipeace/Child Fund Korea (0.5 years)
3)	<u>Co-Principal Investigator (CPI³)</u> : Knowledge about Complications of Diabetes among diabetic patients attending in general health check-up in Nepal	2017	Dept. of Emergency, Tribhuvan University Teaching Hospital (0.5 years)
4)	<u>Principal Investigator (PI¹)</u> : Assessment of HOUSEHOLD FOOD SECURITY & NUTRITIONAL STATUS OF 1 – 5 YEARS' CHILDREN IN DHADING DISTRICT, NEPAL	2016	HASTI-Nepal (1 year)
5)	Research Consultant (RC): Baseline Survey - Integrated Project, Save the Children Nepal	2016	MITRA Pvt. Ltd Nepal (0.5 years)
6)	Research Consultant: Final Evaluation of SAFA Gulariya Project, implemented by Practical Action Regional Office, supported by the EU	2016	MITRA Pvt. Ltd Nepal (0.5 years)
7)	<u>PI¹</u> : Baseline, midline and endline study of Integrated School Health Program (ISHP) among earthquake affected students in Dhading of Nepal	2015, 2016 & 2017	HASTI Nepal, supported by Medipiece/Child Fund Korea (1 year)
8)	<u>Research Expert</u> : “Analyzing the Situation of Drinking Water and Waste Management Practices under Small Town Water Supply and Sanitation Sector Project” in Rampur and Darchha VDCs of Papla, Nepal	2013	Himalayan Association against STI-AIDS (HASTI-AIDS), supported by Sky-Samaj Palpa/Drinking Water Division/Asian Development Bank (0.5 years)
9)	<u>Research Expert</u> : “CCM Oversight Study of Outcomes for identifying the Constants and Effectiveness of the GF programs” in Banke and Bardiya, Nepal	2013	Population Service International (PSI) /Global Fund (0.5 years)
10)	<u>Research Team Member</u> : Evaluation of TB and HIV Programs in Mid-western Region of Nepal with international research team of GFATM	2011, 2012	Oversight Committee of CCM/MOHP of Nepal, supported by GFATM (1 year)

11)	<u>Principal Investigator (PI¹)</u> : Baseline and End-line Study on Stigma Reduction of Mother to Child Transmission of HIV (PMTCT) in health and community settings in Achham District, Nepal	2011, 2012	HASTI Nepal in financial support of ICRW/UNICEF (1 year)
12)	<u>Research Expert</u> : “Impact and Process Evaluation of the Join-in-Circuit on AIDS, Love and Sexuality (SangSangai) in Nepal”, implemented in Kathmandu, Surkhet and Dailekh	2011	HASTI-AIDS, supported by GFA Consulting Group/GIZ (1 years)
13)	<u>Research Expert</u> : “Rapid Assessment of HIV and AIDS among Prisoners” in Tanahu, Pokhara and Chitawan Prisons	2009	HASTI-AIDS, supported by UNDP/DFID (0.5 years)
14)	Research Expert in GFA Group/GIZ Nepal	2009, 2010	GFA Group/GIZ Nepal (2 year);
15)	<u>PI¹</u> : Evaluation of Integrated Community Healthcare Program (IHP) for Effectiveness of HIV Treatment and Care support in Achham and Doti, Nepal	2008	HASTI-AIDS, supported by UNDP/GFATM/ NCASC (0.5 years)
16)	<u>Research Expert</u> : Evaluation of Behavior Change Intervention (BCI) among Migrants and their families for PMTCT program in Achham, Nepal	2008	HASTI-AIDS, supported by SARDAM/World Bank (0.5 years)
17)	<u>PI¹</u> : Identification of the Most Effective Interventions of Assertive Behavior Intervention (ABI) among Housewives of Migrants in Kailali District	2000	NHF, supported by Prof. Dr. Tsunetsugu Munakata of Tsukuba University, Japan (0.5 years)
18)	<u>PI¹</u> : Measurement of Assertive Behavior and HIV Prevention program (ABHP) among Female Sex Workers (FSWs) in Kailali District of Nepal	1999	NHF, supported by Prof. Dr. Tsunetsugu Munakata of Tsukuba University of Japan (1 year)
19)	<u>PhD Scholar</u> : Measurement of Assertive Behaviours and Prevention of Communicable Diseases including HIV related co-infections among high risk behaviour populations in Far Western Region of Nepal	1999	PhD Thesis under OIU, Sri Lanka (1 year)
20)	<u>PI¹</u> : Effectiveness of Intervention Programs on AIDS (IPA) for CSWs in Kailali	1994	Institute of Community Health (ICH), supported by American Foundation for AIDS Research (AmFAR), USA (0.5 years)
21)	<u>PI¹</u> : Baseline Studies on KABP regarding HIV/AIDS and STDs among FSWs, Migrant Labors, Transport Workers, Travelers, IVDUs, High School Students, Policemen, and General population in Kailali District of Nepal	1993	ICH, supported by Save the Children USA (0.5 years)

4.2. Work Experiences in National and International Sectors:

- 1) Executive Director for HASTI-Nepal, a prominent health-related Non-Governmental Organization (NGO), from 2012 to December 2020 (8 years).
- 2) Team Leader for the Disaster & Emergency Relief Project (DERP), funded by Medipeace, ThePromise, and ChildFund Korea, implemented by HASTI from April to August 2015 (0.5 years).
- 3) Chief Executive Officer for Asian College for Advanced Studies (ACAS) from 2009 to 2012 (3 years).

- 4) Resource Person for NCASC (National Centre for AIDS and STD Control)/MOHP of Nepal from 2008 to 2010 (2 years).
- 5) International Consultant for FUJIREBIO INC. Japan from 2001 to 2005 (4 years).
- 6) Program Advisor for the Community Development Project at The Open International University (TOIU), Colombo, Sri Lanka from 1999 to 2001 (2 years).
- 7) Deputy Director for the Institute of Community Health (ICH), Nepal from 1991 to 2000 (8 years).
- 8) Instructor at the Institute of Medicine (IOM), Tribhuvan University (TU), Nepal from 1990 to 1991 (3 years).

5. Involved in Health-related Professional Organizations:

- 1) Member of the Nepal CCM OC (Country Coordination Mechanism Oversight Committee of Nepal) for the Global Fund, Ministry of Health & Population, Government of Nepal, nominated by Nepal CCM, serving from 2013 to 2015 (2 years).
- 2) Head of the Department (HoD) in the Research Division of the Nutrition Program at Master, CAFODAT College, Kathmandu, Nepal, from 2012 to 2015 (2 years).
- 3) Managing Director (MD) at Sagarmatha Institute for Technology & Medical Science (SITAMS), Nepal, since 2010 to the present.
- 4) Life Member of the Nepal Red Cross Society (NRCS) in Kavre District, Nepal, since 2005 to the present.
- 5) Founder Member of the National Health Foundation (NHF), Nepal, since 1997 to the present.

6. Professional Memberships:

- 1) Life member of the Nepal PhD Association (NPA) since July 31st, 2010 AD.
- 2) Life member of FPAN (Family Planning Association of Nepal) Kathmandu Valley Branch since January 4th, 2066 BS (2008).
- 3) Life member of the Farwestern Stakeholder Forum since November 27th, 2063 BS.
- 4) Founder and First President of HASTI-AIDS (Branch of IUSTI - International Union against STI) since 2001 AD.
- 5) Bonafide Member of the Private Medical Practitioner Association of India since October 10th, 1988.
- 6) Life Member of the Nepal Pharmaceutical Association since February 14th, 2056 BS (1992).
- 7) Alien Member of Tokyo Metropolitan City of Japan since May 8th, 1995.
- 8) Member of the Life Saving and Life Giving Society (LALS) since September 23rd, 1994.

7. Publications of Abstracts and Books:

- 1) Concept of Senior Citizen Community Development Programs, 2022.
- 2) Training Manual for School Teachers (Trauma Related Stress Management, Disaster & Emergency Preparedness, and First Aid Management), Version-1, 2015 AD.
- 3) Study on Risk Behavior Population among Inmates in Tanahu, Chitawan, and Pokhara Prisons, 2010 AD.
- 4) Development of a Comprehensive Package for HIV among Migrants, 2008 AD.
- 5) Implementation of Ehotline/EHI for confidential counseling on Sexual and Reproductive Health and Rights (SRHR) among adolescents/youths, 2008 AD.
- 6) Radio Listening Program for HIV Prevention among Migrants, 2008 AD.
- 7) Project Addressing HIV and AIDS-related Stigma and Discrimination (S&D) through Socio-economic and Institutional Interventions, 2007 AD.
- 8) Study on Vulnerable Populations Affected by HIV and AIDS in Nepal, 2006 AD.
- 9) Second edition of the Manual for the International Training Course on Case Management of STIs including AIDS (ICMSA), 2005 AD.
- 10) Course Curriculum for ICMSA, 2003 AD.
- 11) Manual for ICMSA, 2003 AD.
- 12) Advocacy Guidelines Manual for HIV and AIDS Prevention, 2003 AD.
- 13) Basic Health Book for Mid-level Manpower (first edition in 1995 AD and second edition in 2002 AD).

- 14) Publication on Epidemiology & Communicable Diseases, 2002 AD.
- 15) Handbook of Pharmacy & Pharmacology, 1997 AD.

8. Research and Community Activities:

- 1) Assessment of Nutrition and Food Status in Dhading district, supported by the National Academy of Science and Technology (NAST), 2020 AD.
- 2) Study on the Prevalence of Cardiac Rheumatic Diseases among school children in Dhading, supported by the Healthy Heart Initiative, 2019 AD.
- 3) Evaluation of Nutritional Status among under-5 Children, supported by the Himalayan Association against STI (HASTI), 2017 AD.
- 4) Assessment of the Join-in-Circuit (Sang Sangai) Project, focusing on Reproductive Health & Rights (RHR) including HIV and STIs, implemented by GFA/GIZ with the team in Nepal, 2011 AD.
- 5) Impact Study of the Prevention of Mother-to-Child Transmission (PMTCT) program interventions in Achham, supported by ICRW/UNICEF through mobilizing local initiatives in Achham, 2011 AD.
- 6) Development of a Comprehensive Package: Integrated Community Healthcare Program (IChP) for HIV Prevention/Treatment/Care, 2008 AD.
- 7) Implementation of a Radio Listening Program - An Entertaining Education for HIV Prevention, 2008 AD.
- 8) Behavior Change Intervention among Migrants and their Spouses, 2008 AD.
- 9) Implementation of Homestead Vegetable Cultivation (HVC) for Livelihood and Nutrition among People Living with HIV/AIDS (PLHA) in Nepal, 2008 AD.
- 10) Identification of the Most Effective Intervention Program on AIDS (ABI - Assertive Behavior Intervention) among Housewives in Kailali District of Nepal, 2000 AD.
- 11) Measurement of Assertive Behaviors and HIV Prevention Program among Female Sex Workers (FSWs) and Housewives of Migrants in Kailali District of Nepal, 1999 AD.
- 12) Assessment of the Serious Situation of AIDS in Achham district, 1998 AD.
- 13) Presentation on Education for high-risk behavior population in the Far Western Region (FWR) of Nepal, presented in Spain, 1997 AD.
- 14) Presentation on Intervention Programs on AIDS (IPA) for Commercial Sex Workers (CSWs), presented in New Delhi, India, 1994 AD.
- 15) Study on High-risk Communities of AIDS in the Far Western Region (FWR) of Nepal, presented at the 10th World AIDS Conference in Yokohama, Japan, 1993 AD.

9. Attendance of Conferences:

- 1) International Conference on Stress Management in Boston, USA, 2017 AD.
- 2) International Conference on Nutrition in North Carolina, USA, 2015.
- 3) International Congress of IUSTI in Delhi, India, 2011 AD.
- 4) International Conference on HIV and AIDS in Kansi Vidhyapith, India, 2007 AD.
- 5) Monitoring and Evaluation (M&E) of Global Fund in Bangkok, Thailand, 2006 AD.
- 6) International IUSTI Asia Pacific Conference in Kuala Lumpur, Malaysia, 2006 AD.
- 7) World AIDS Conference in Bangkok, Thailand, 2004 AD.
- 8) IUSTI Conference in Chiang Mai, Thailand, 2004 AD.
- 9) First SAARC Conference on TB/HIV/AIDS & Respiratory Diseases in Kathmandu, Nepal, 2004 AD.
- 10) International Congress of ISSTDR in Berlin, Germany, 2001 AD.
- 11) World Congress for the New Unified Medicine Beyond 2000 in Colombo, Sri Lanka, 2000 AD.
- 12) International Congress of Sexually Transmitted Diseases and Research in Seville, Spain, 1997 AD.
- 13) Tenth International World Conference on HIV/AIDS in Yokohama, Japan, 1993 AD.
- 14) International Union for Venereal Diseases & Treponemal Diseases (IUVDT) in Chiang Mai, Thailand, 1993.

Reference (Name/Title/Organization/Contact Information – Phone and Email):

1.	<i>Dr. Verapol Chandeying (M.D), Department of Obstetrics and Gynaecology, Faculty of Medicine, Prince of Songkla University, Hat Yai, Songkla 90112 Thailand Tel (Office): (66-74) 429617, Fax (Office): (66-74) 429617 Email: verapol.c@psu.ac.th</i>
2.	<i>Dr. Pratap Pramanand Jayvanth, Former WHO Director, C/O: Internation Organization for Migration (IOM), P.O Box 25503, Baluwatar, Kathmandu, Nepal. Tel: +977-980 865 9930 E-mail: pratapjay@yahoo.co.uk</i>
3.	<i>Dr. Madhav Ray, Clinical Asst. Professsor, Tuft University, Boston, USA Phone: +16465734602 Email: madhab@bu.edu</i>

Sign.: 

Date: 21 March 2024.